



REPORT

From the office of the...
SHEC Coordinator

TO: Members of the Executive Board
 FROM: Lynaea Filbey
 SUBJECT: SHEC Report #5
 DATE: November 30th 2019

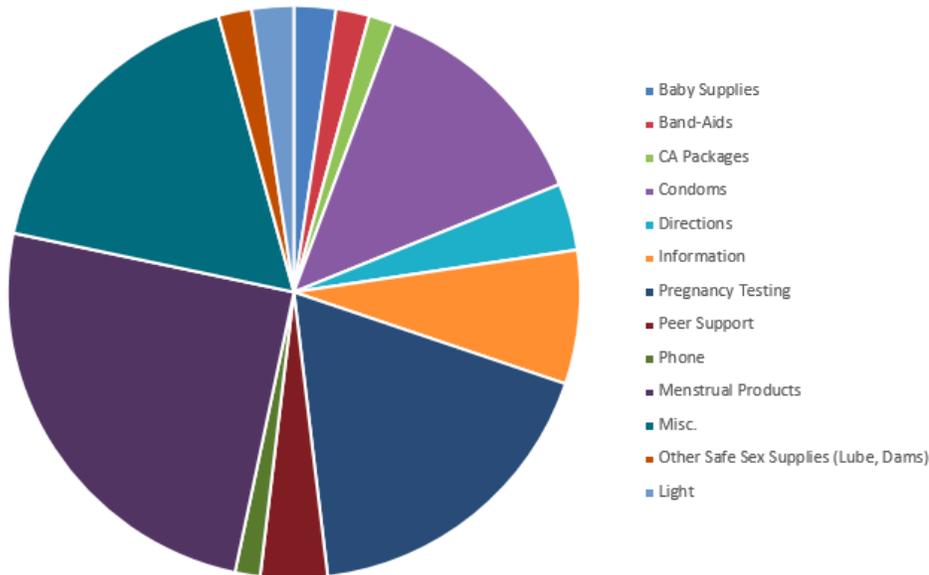
UPDATE

Hi everyone! I hope you are all enjoying you're holiday season. Attached is my Executive Board report for the month of November.

SERVICE USAGE

Total Service Usage: 296

This is a new record for usage for our service which is really exciting ☺
 Service usage this month has been high, and SHEC has had a total of 207 visits in the space. The same services (pregnancy testing, menstrual products, and safe sex supplies) have remained our most popularly accessed products. There has been a significant increase in the use of our UV-simulating light this month; while we hadn't had any usage in September or October, this month we had 5 people use the light and our volunteers received positive feedback from service users.



Baby Supplies 5
 Band-Aids 4

| | |
|--------------------------------------|-----|
| CA Packages | 3 |
| Condoms | 28 |
| Directions | 8 |
| Information | 16 |
| Pregnancy Testing | 38 |
| Peer Support | 8 |
| Phone | 3 |
| Menstrual Products | 53 |
| Misc. | 37 |
| Light | 5 |
| Other Safe Sex Supplies (Lube, Dams) | 4 |
| TOTAL | 207 |

Lockers of Love Usage

Excitingly, we have started compiling the usage of SHEC supplies from Lockers of Love, our order online partnership with the FCC. Thus, in addition to our 207 space usages from our in person resources, we also have had an additional 88 uses. Importantly, there was a lot of lube ordered which often does not get taken from the space in person!

| | |
|-----------------|----|
| Tampons/Pads | 27 |
| Lube | 11 |
| Condoms | 25 |
| Pregnancy Tests | 25 |
| Total | 88 |

Total Service Usage: 296

This is a new record for usage for our service which is really exciting 😊

VOLUNTEERS

Volunteers have been doing great in their roles this semester. We have recently hosted a holiday social where we did cookie decorating, a movie, and a general social. We also had a number of volunteers attend eggnog. We have placed an order to the Underground for Quarter Zips as our volunteer appreciation merch for this year. We have also done some smaller volunteer appreciation via Halloween and holiday presents for the volunteers. Our volunteers were wonderful in helping out at our events this semester! That being said, we have identified some areas for improvement that we will aim to address at January training.

PAST EVENTS, PROJECTS & ACTIVITIES

1. *Bob Ross Paint Night*: SHEC ran an incredibly successful Bob Ross Paint Night two Fridays ago that drew in an immense turnout of around 70 people. It is the most participated in SHEC event in the three years I have been a part of the services, and students have already reached out to us asking when the next one will be. It was absolute success and allowed our service to reach many folks that may not regularly access our space and services.

2. *Vaccine & Study Drugs Campaigns*: Our two Research & Advocacy campaigns are both in the processing stage and will be released shortly. The information for each of them has been completed, and we are just waiting to release them. The Flu Vaccine campaign is scheduled for this week and the Study Drugs Harm Reduction campaign will run in January.

3. *New Inventory System:* As keeping up with inventory has been a bit of a struggle as our service usage continues to rise, I have implemented a new inventory process. Every Monday during the 9:30am shift, the volunteers will do a full inventory survey and compile the results in an email sent to me and all the other execs. This will better allow me to keep up with inventory usage and be able to more proactively buy/order supplies.

UPCOMING EVENTS, PROJECTS & ACTIVITIES

1. *Naloxone:* We are waiting for the MSU lawyers to review the documents so we can hopefully have this up and running in the New Year.

2. *SHECares:* As SHEC has done for a number of years now, we will be conducting SHECares throughout the exam season. We will be providing students with exam care packages on three different occasions throughout December that include things like tips, snacks, fiddles, etc.

3. *Party Culture Event:* In the new year, we will be executing a Party Culture event targeted at first year residence students. It will be a trivia held in one of the residences (potentially PGCLL) and will aim to debunk myths and speak about party culture in a way that is both engaging and prioritizes harm reduction education.

4. *January Training:* We have started thinking about and planning our sessions for January training because it really is just around the corner (what!!). We have started brainstorming topics to address and ways to execute training in a more engaging way.

CURRENT CHALLENGES

One challenge as of late has been time management for me. As this is such a busy time of year, I have been having to really focus on effectively balancing my time so I can keep up with my responsibilities in school and with SHEC. This is further compounded by the fact that a lot of volunteers and execs are busy right now too, so we have all had to work to ensure we are able to prioritize school and ensure SHEC is getting the attention it deserves. Furthermore, I will need to ensure I am able to balance my coordinator responsibilities effectively while I am at home for the Christmas break; since I don't have exams, I am heading back to the West coast early, and thus need to ensure I am able to effectively manage from abroad.

SUCSESSES

An important success to acknowledge is that SHEC has done a better job of providing services to male students this year. In the past, SHEC peer support has been provided primarily to female-identifying students; however, this has changed this year as we had more male-identifying students apply for and qualify the peer support volunteer position. We have had numerous space users tell us that the space has become more available for men who are looking to access peer support services!

Thank you so much for reading my report!

Lynaea Korol-Filbey