

**YEAR PLAN**  
MSU SRA HEALTH SCIENCES  
ARZOO ALAM AND RHEA JANGRA  
2019-2020  
(submitted July 16, 2019)



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## OFFICE OF THE HEALTH SCIENCES CAUCUS LEADER INTRODUCTION

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Dear fellow Faculty of Health Sciences students,

To begin, thank you for providing me with the opportunity to represent you on the Student Representative Assembly (SRA) this upcoming year. Rhea and I are humbled and beyond excited to see what this year brings. Both of us bring an immense amount of enthusiasm and dedication to the role, which we hope to use to improve the student experience within our faculty and the greater McMaster community.

Our vision for the 2019-2020 school year encompasses a wide variety of goals centered around increased engagement with the McMaster Students Union (MSU), student wellness and accessibility, as well as transparency. Overall, we feel as though we have been able to create a plan that remains reflective of the diversity and initiative that the students of our faculty so often demonstrate.

As a caucus, we would like to emphasize that we are very receptive to feedback and criticism as we continue to grow into this role; we are here to cater to your needs and interests and value your input immensely. Through consistent communication, we hope to remain as transparent as possible in regard to what we hope to accomplish this year. We are looking forward to building upon the groundwork our predecessors have laid out for us to ensure continuity and cohesion moving forward in our work.

We invite you to read through our year plan and share your thoughts with us. This year, we want to ensure that *you* — the students of our faculty — understand that, as a whole, the MSU is here to support you. In that same vein of thought, as your faculty representatives, we want to emphasize that we are individuals you can approach with any questions, comments, or concerns, without fear of judgement. Rhea and I are here to better your experience and will work tirelessly to do so — regardless of what it takes.

Yours truly,

Arzoo Alam  
SRA Health Sciences Caucus Leader  
McMaster Students Union  
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## GOALS

<b>Objective 1</b>	<b>Ensure MSU Service Involvement</b>
Description	<p>Historically, BHSc students have remained active members of the university community and are often eager to give back to it. We hope to channel this energy and encourage more students within the faculty to become involved with MSU services and relevant groups.</p> <p>Students have commented on the difficulty of navigating the application process in order to get involved with MSU services and groups, as well as when these opportunities become available. We plan on promoting these positions through the creation and improvement of pre-existing resources in an effort to centralize information.</p>
Benefits	By continually promoting engagement with the MSU, we can ensure student involvement from within our faculty remains consistent for years to come. We feel this is the most effective way to ensure meaningful and sustainable change moving forward so as to inspire students to pursue more leadership positions with the MSU throughout their university careers.
Difficulties	We anticipate several difficulties in effectively following through with this platform point; however, the most prominent one surrounds maintaining consistent promotional efforts on our behalf, as most services have varying recruitment periods and application cycles for volunteers. As such, we will have to be aware of when these are by communicating with the Directors & Part-Time Managers (PTM) of MSU services in order to promote opportunities accordingly.
Long-term implications	There are a myriad of long-term results that we hope will stem from our initiatives. As a whole, however, we feel this aspect of our plan will give students a better understanding of what exactly the MSU offers, how best they may utilize MSU services, and introduce students to individuals from different programs and faculties, while simultaneously exposing them to identity-based services to which they may feel a greater sense of belonging. Overall, students will have an opportunity to develop communication skills while giving back to the greater McMaster community.
How?	We plan on actively promoting MSU service/group recruitment periods via SRA Health Sciences social media

	<p>platforms, as well as hosting a general Q&amp;A session with individuals (ideally executive members) involved in said services &amp; groups towards the beginning of the year. Students already involved with these services/groups can share their experiences and details regarding application processes/recruitment for volunteers, in addition to other ways to get involved.</p> <p>With regard to first year students specifically, we plan to partner with the BHSc Welcome Week Coordinators by editing the annually distributed Welcome Week guidebook. We will be improving/updating sections on MSU Services in addition to adding a section on MSU Governance structure. This resource will be provided digitally this year and will be online for all students in the faculty to have access to, if they so choose. Finally, we plan on targeting first year BHSc students specifically by running 5-minute “Intro to the MSU” talks in HTHSCI 1E06 classrooms during the first 2 weeks of classes.</p>
Partners	<p>Vice-President (VP) Administration  Bachelor of Health Sciences (BHSc) Office  Bachelor of Health Sciences Society (BHSS) Welcome Week Coordinators  Emergency First Response Team (EFRT) Director  Food Collective Centre (FCC) Coordinator  Mac Farmstand Director  MACycle Director  Diversity Services Director  Macademics Coordinator  Maccess Coordinator  Pride Community Centre (PCC) Coordinator  Spark Coordinator  Student Health Education Centre (SHEC) Coordinator  Student Walk Home Attendant Team (SWHAT) Coordinator  Women and Gender Equity Network (WGEN) Coordinator</p>

<b>Objective 2</b>	<b>Enhance Engagement in MSU Student Governance</b>
Description	<p>The 2018-2019 election year saw an unprecedented number of candidates running in First Year Council (FYC) Elections and SRA Generals. We hope to continue this momentum into the upcoming year to spur further engagement in student politics and governance among Health Sciences students. Whether this be through encouraging students</p>

	<p>within the faculty to join SRA committees as non-voting members, continue promoting elections, or increasing BHSc student representation in FYC elections, we plan on attempting to make student civic engagement a priority this year.</p>
Benefits	<p>As previously stated, ensuring that students are aware of opportunities to get involved with student governance within the MSU will help to provide them with meaningful ways of instigating change within our community. In particular, with regard to FYC, we are looking to give first-year students early exposure to this type of engagement so as to push them to continue to pursue these types of leadership roles within our faculty and the university at large.</p>
Difficulties	<p>For one, maintaining consistent promotional efforts during election season may be tedious, as students may already be inundated with information from other sources regarding these same events. It may also be difficult to actually have students in the faculty (particularly those outside of BHSc) to attend our promotional events; we hope to combat this by instilling a strong social media presence within the faculty from the beginning of the year (via Instagram, Facebook &amp; Twitter; see <b>Objective 5</b> for more details).</p>
Long-term implications	<p>Being involved in student governance will confer a variety of positive effects on our community, particularly with regard to improving MSU-based outreach within our faculty and ensuring student voices are adequately represented and heard in matters affecting them. It will also enable students (particularly first years) to develop and enhance leadership and communication skills, while giving individuals with ideas for enhancing campus life avenues to explore and potentially implement said changes.</p>
How?	<p>As previously stated, we will be partnering with the BHSc Welcome Week Coordinators to improve the annually distributed Welcome Week guidebook with regards to MSU Governance structure, addition to running 5-minute “Intro to the MSU” talks in HTH SCI 1E06 classrooms during the first 2 weeks of classes (see Objective 1).</p> <p>In terms of student governance as a whole, we plan on actively promoting elections (FYC, Senate, SRA Generals) in addition to collaborating with the MSU Elections Department to host a “How to Run in an Election” event. Here, we would discuss the basics of running in an election, in addition to platform creation, consulting with stakeholders, and designing posters. This event will give</p>

	potential candidates for SRA Generals, Senate and BHSS Elections the opportunity to gain valuable information about the election process and address any concerns students may have. We also hope to gather students who have previously held these positions to do a panel-style Q&A for interested individuals.
Partners	Deputy Returning Officer Elections Committee FYC Coordinator BHSS Welcome Week Coordinators

<b>Objective 3</b>	<b>Improve Knowledge Surrounding Mental Health Resources</b>
Description	As the dialogue surrounding mental health awareness continues to be initiated, we feel as though we hold some responsibility in our role as SRA Health Sciences to maintain this conversation. While many of the issues surrounding access to mental health resources in university settings are highly systemic, we believe that it is in the best interests of students to look for short-term solutions in addressing the root of the problem — a fundamental lack of awareness surrounding how to best go about handling mental health challenges.
Benefits	Through our approach, we hope to engage with students in and beyond our faculty to ensure that they are aware of the resources and services available to them - particularly those provided by the MSU. The greatest benefits from these initiatives, we hope, will be experienced on an individual level by all students. Ultimately, we hope to push for the creation of a more supportive campus culture surrounding mental health by ensuring that faculty, staff and students have the resources to help them understand mental health issues, while improving resilience and coping skills; these, we hope, will be key to building positive mental health and to living, learning and working well.
Difficulties	There are obvious logistical issues that we may run into in implementing our strategy. Regarding our proposed event with SRA Nursing, we feel that the level of engagement may be a problem; as such, we hope to ensure we plan the event for a time that is convenient for most students to attend. Booking procedures within the Health Sciences Center (HSC) may also be a potential problem. Regarding the videos and graphics we hope to collaborate with various services on - we feel we might run into difficulty in determining what our

	<p>role would actually entail in tackling the project (i.e. content development, more of a supervisory role). This is something we plan to clarify in later meetings. Finally, as mentioned before, advocacy is an ongoing process that is difficult to set a timeline for; as such, regarding our advocacy for a short mental health/peer support statement to be put in course outlines, we hope to remain persistent in order to bring forth change in this respect.</p>
<p>Long-term implications</p>	<p>In the long-term, ideally these initiatives will confer a greater understanding and awareness amongst students of the mental health support systems and resources available to them, allowing them to feel supported under all circumstances. We hope to implement the peer support event as an annual occurrence, allowing us to show awareness for mental health services and resources while simultaneously connecting MSU services with students who might make use of them.</p>
<p>How?</p>	<p>We plan to tackle this issue using a logical four-step plan:</p> <ol style="list-style-type: none"> <li>1. Similar to the 2016-2017 school year, we hope to bring back an MSU peer support event and run it in tandem with SRA Nursing. We will contact MSU services (i.e. SWC, SHEC) to gauge interest and determine logistics (time/space) for the event itself.</li> <li>2. We plan to support SHEC and collaborate with relevant MSU services to create awareness videos touring spaces on the McMaster campus that offer different types of support (i.e. peer support services, SWELL).</li> <li>3. Similar to the above point, we plan to support the same MSU services in helping to create a set of simple graphics that will enable students to remain as informed as possible. This media may look to address common topics that many students remain in the dark about or seem particularly daunted by, such as "how to go about getting an intake at Student Accessibility Services (SAS)", or "how to approach the SWC for counselling."</li> <li>4. We plan to begin advocating for the inclusion of a short statement and list of mental health/peer support resources at the end of all course outlines. The timeline on this particular aspect of our plan remains unclear, but we hope to pilot this initiative within our program and ideally have professors provide this information in their course outlines in time for the Winter 2020 semester.</li> </ol>

Partners	Associate Vice-President (AVP) Services Services Committee SRA Nursing Caucus WGEN Coordinator SHEC Coordinator PCC Coordinator Diversity Services Director Student Wellness Education Lower Lounge (SWELL) Student Wellness Centre (SWC)
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<b>Objective 4</b>	<b>Improve Intra-Faculty Relationships with BHSc</b>
Description	<p>The Faculty of Health Sciences encompasses a wide variety of programs, including:</p> <ul style="list-style-type: none"> <li>● Bachelor of Science Nursing Program</li> <li>● Bachelor of Health Sciences Program</li> <li>● Biology and Pharmacology Co-op Program (BioPharm)</li> <li>● Biomedical Discovery &amp; Commercialization Program (BDC)</li> <li>● Integrated Biomedical Engineering and Health Sciences (IBEHS)</li> <li>● Midwifery Education Program</li> </ul> <p>As representatives of the Faculty of Health Sciences, we have a responsibility to ensure that students' voices from across our faculty are heard — regardless of program. It is for this reason that we plan to collaborate with the different program societies in our faculty to brainstorm and plan collaborative events to allow students to get to know one another and fortify ties within our faculty.</p>
Benefits	<p>The obvious benefit here would involve students making connections and friendships across the faculty, regardless of program. We would also be able to increase our outreach amongst programs in an attempt to represent the needs and interests of all Faculty of Health Sciences students, thereby creating a more cohesive dynamic within the faculty itself.</p>
Difficulties	<p>We may find it difficult to find suitable times to organize focus groups and have enough students attend them to gain relevant feedback. As such, we might attempt to make these sessions more informal and have them coincide with our office hours during the Fall 2019 semester so as to</p>

	<p>incentivize attendance. In addition, given that this is the first year we hope to run social events, we predict that attendance may again prove to be an issue, as students may not feel comfortable coming out to events with individuals they do not know. We hope to overcome this by ensuring strong promotional activity from program societies, and perhaps starting with smaller events (ex. BHSc, IBEHS, BDC) and then expanding after receiving feedback on the event. Finally, we believe that it may be difficult to reach out to students in programs with a level 2 entry (ex. iBiomed specialists, BDC, BioPharm), as these students take different classes and may have come from diverse faculties prior to their transition.</p>
<p>Long-term implications</p>	<p>As previously stated, an improved relationship amongst students within the various programs in our faculty is the ultimate goal of this objective, thereby leading to a greater sense of cohesion and community. This will likely lead to a greater degree of participation within the MSU from Faculty of Health Sciences students.</p>
<p>How?</p>	<p>Prior to tackling the issue at large, we hope to either host a set of focus groups or administer surveys with students from each of these programs to see where they feel integration is lacking and steps to take moving forward. In particular, we hope to focus in on the IBEHS-BHSc relationship, given the close partnership these two programs share and the immense amount of overlap in the courses taken between BHSc and IBEHS (particularly those within the Health, Engineering Science and Entrepreneurship specialization). Information collected here will be passed on to future SRA Health Sciences caucuses under the assumption that this work will carry forward.</p> <p>In an effort to bridge gaps to promote a culture of collaboration across programs, we hope to partner with the relevant program societies in order to help them plan more inclusive, cross-faculty social events (ex. trivia nights).</p> <p>Furthermore, we hope to explore the idea of having joint review sessions for courses taken by multiple programs, such as HTHSCI 1106 &amp; HTHSCI 2F03/2FF3 (taken by BHSc and IBEHS students), and CHEM 2OA3/2OB3 (taken by BDC and BioPharm students); ideally, these will be open to all students in the faculty taking these courses.</p>
<p>Partners</p>	<p>BHSc Office SRA Nursing</p>

	<p>SRA Engineering          McMaster University Nursing Students Society          Bachelor of Health Sciences Society          Biology and Pharmacology Co-op Society          Biomedical Discovery &amp; Commercialization Society          McMaster Student Midwifery Collective          iBioMed Society</p>
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<b>Objective 5</b>	<b>Increase Transparency and Outreach</b>
Description	The role of SRA members entails accurately representing the opinions, thoughts, and concerns of the members of their respective faculties. Therefore, it is imperative that constituents are aware of the decisions made by the MSU and how they affect them. Transparency goes hand-in-hand with increasing outreach. We can be as transparent as possible, but if constituents are not interacting with our work, then these efforts may go wasted. Thus, it is vital for us to maintain a strong online social media presence to ensure our constituents are staying engaged and informed.
Benefits	There are countless benefits that can be seen from increased transparency and outreach. Our commitment to increasing transparency will allow students to be a part of the process and allow us to represent them and reflect their needs and interests in our decisions. By increasing outreach, we hope to inspire more students to get involved with student governance and advocacy.
Difficulties	We may find it difficult to encourage student attendance at events; however, we plan to address this by offering incentives to encourage students to attend.
Long-term implications	By engaging constituents in the decision-making process, they will be more aware about the operations of the MSU. We hope this will empower them to apply for positions within the union.
How?	Meeting minutes will be communicated via short infographics and will be promoted on various social media platforms, such as Facebook, to keep students engaged and informed. In order to make the information easy to understand and as concise as possible, minutes will be broken down into things that affect the McMaster community and things that affect the Health Sciences community.

	<p>Among the different social media platforms, SRA Health Sciences has a strong presence on Facebook, while seldom using Twitter and being absent on Instagram. We hope to increase outreach by continue utilizing Facebook as the main method of communication, but also expanding to Instagram to promote various events and give further updates. We hope to utilize welcome week to encourage first-year students to like our Facebook page and follow our newly created Instagram page. We may also discuss the possibility of hosting a giveaway on our Instagram page to increase the number of followers we have and reach more constituents.</p> <p>Lastly, we will be creating and distributing a SRA Feedback Form halfway through the year to give students the opportunity to let us know what we are doing well and what they would like to see more from us. This will give us an idea of the effectiveness of our work and allow us to continue representing our constituents as best as we can.</p>
Partners	Communications Officer

<b>Objective 6</b>	<b>Advocating for Accessible Education: Podcasting &amp; LearnLink Alternative</b>
Description	<p>As it stands, only some courses offered by the Health Sciences department are podcasted, such as HTHSCI 2F03 and 2FF3. Many students have expressed concerns in regards to the lack of podcasted lectures for other courses, such as HTHSCI 2A03 and 2G03. For the upcoming 2019-2020 year, these courses will be undergoing significant changes as HTHSCI 2A03 will now be combined with HTHSCI 2G03 to create two hybrid courses: HTHSCI 2G03 and 2GG3. We hope to use this moment as a fresh start to implore these professors to podcast their lectures.</p> <p>On a separate note, since the inception of the BHSc Program, LearnLink has served as a centralized platform where students could find virtually anything related to BHSc. Since the discontinuation of it this past summer, the search for another centralized platform where students can share course reviews and academic resources begins. We hope to collaborate with the BHSS and Health Sciences Senate Representative to explore alternative platforms where students can collaborate and share resources.</p>

Benefits	<p>Podcasting lectures makes education accessible for those with different learning styles, students with language barriers, and students with physical limitations and/or mental health concerns who may be unable to attend class. Furthermore, it gives students the opportunity to review and revisit specific sections of the class they may have struggled with, ultimately leading to an increased understanding of the course content.</p> <p>The creation of a new website with academic resources such as notes, course reviews, etc. will allow students to feel a sense of community, and make up for what was lost with the termination of LearnLink.</p>
Difficulties	<p>In terms of podcasting lectures, we expect to receive a lot of resistance from professors, as other caucuses have in the past. However, we plan to continue having meaningful and productive conversations to provide professors with the necessary information and evidence needed to make such changes. We anticipate this goal will require lots of advocacy and thus, make take longer than we expect; nonetheless, we will continue our lobbying efforts.</p> <p>When creating a new website, we may run into challenges in regards to outreach. LearnLink was advertised to students by both faculty and peers allowing it to be a very well-known platform. In order to maximize outreach, it will be imperative for us, the BHSS, and Senate Representative to advertise the commencement of a new potential platform.</p>
Long-term implications	<p>Advocating for accessible education through more podcasted classes will ensure students feel welcomed and well-equipped with the necessary resources to succeed. Furthermore, a centralized academic website will foster a more inclusive environment and enhance the academic experience of students.</p>
How?	<p>We will schedule meetings with the HTHSCI 2G03/2GG3 professors in the fall to determine the feasibility of offering podcasted lectures for their courses in the upcoming semester/year. We will also meet with the BHSS, specifically the Academic Coordinator, to discuss the logistics and launch of a new potential centralized academic platform.</p>
Partners	<p>VP Education  AVP University Affairs  BHSS Academic Coordinator  HTHSCI 2G03/2GG3 Professors</p>

<b>Objective 7</b>	<b>Continue Improvements to the Health Sciences Library</b>
Description	Improvements to the Health Sciences Library (HSL) have been an ongoing conversation for several years. The 2018-2019 Health Sciences caucus planned to increase student study space and extend hours. For the 2019-2020 year, we hope to continue working on their project for extending HSL hours on Saturday. Advocacy is long-term and often takes a lot of perseverance to bring forth change. We hope to build upon past ideas and continue the efforts of our predecessors to bring these ideas into fruition.
Benefits	By potentially extending Saturday hours, we hope to provide students with additional study time and space - particularly for those who stay on campus during weekends, as well as other off-campus students. In order to cater to these specific student populations, survey and feedback-based decisions will be made regarding these improvements.
Difficulties	Most of the difficulties associated with this platform point pertain to administrative communication, as well as an unclear timeline for the implementation of said changes. We will be continuing our communication with the HSL Director and other HSL stakeholders in order to design and release a survey in the Winter 2020 term to garner feedback on the piloting of Saturday hour changes. Based on our conversations with the HSL Director, these changes are expected to be implemented for the Fall 2019 semester. Advocacy regarding these types of initiatives is often ongoing and unpredictable in length; as such, we plan on remaining transparent with this process by providing our constituents with continual updates and a timeline for improvements once more concrete plans have been established.
Long-term implications	Health Sciences students have been voicing their concerns with HSL hours for many years now. Previous caucuses have advocated for such changes but have repeatedly been faced with great difficulty. We hope to use the positive relationships our predecessors have established with HSL Administration and their momentum to continue advocating for students' concerns and find a solution that works for everyone. As seen with Thode Library (#24hourthode), we hope our advocacy efforts in regards to the redistribution of Saturday hours will provide long-standing changes to student life and well-being.

How?	With these goals, we have initiated conversations with the HSL Director, Jennifer McKinnell, who has communicated to us that a redistribution of extended Saturday hours will be piloted during the 2019-2020 school year. We plan to create and distribute a survey asking students about their preferred weekend hours of operation, as well as their feedback on the pilot for the end of the Fall 2019 semester. We hope to use the results from this survey to relay student interest in extending Saturday hours to advocate for these changes to be made permanent.
Partners	Director of Health Sciences Library AVP University Affairs

## Long-term planning

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<b>Overarching Vision 1</b>	<b><i>Creating a Centralized Research &amp; Community Engagement Database</i></b>
Description	<p>The BHSc program requires all third-year students to take a project course (HTHSCI 3H03/6); many students also undertake thesis courses in various fields in their senior years. A concern we have heard voiced frequently involves the lack of centralization surrounding where information about said opportunities exists, as well as the difficulty involved in finding a supervisor. Often, students hear about relevant opportunities through sporadic posts on LearnLink, various Facebook groups, and OscarPlus, or by word of mouth.</p> <p>While faculty societies and faculties themselves are independent from the MSU, through the SRA we hope to pilot a centralized repository for research opportunities and community engagement in multiple disciplines - a platform that several universities currently have. Ideally, the individuals involved would begin by getting in touch with interested professors or graduate students at McMaster, as well as local community-based organizations looking for students. Job, volunteer, and project opportunity postings would follow a standardized format.</p>
Benefits	<p>For one, creating such a platform would enable ease of access in finding opportunities to get involved in work within students' fields of interests. Our hope is that if such a database were to be piloted successfully in the BHSc community, it might have the potential to be expanded to other faculties (e.g. science, humanities) in the future in hopes of creating a more multidisciplinary set of opportunities available to all students, thereby enabling them to pursue their true interests.</p>
Year 1	<p>Meet with the Dean of Health Sciences to discuss the feasibility of the initiative and the possibility of it being integrated into the pre-existing Thesis and Project Courses Hub on the BHSc website. Come up with a proposal for how such a system would function and its logistics.</p>

Year 2	Begin connecting with the BHSS Academic Coordinator to collaborate with the BHSc Office regarding outreach to professors and graduate students who might be interested in taking on project and thesis students. Focus on taking an interdisciplinary approach (looking beyond solely science and health-related topics).
Year 3	Launch the resource and garner feedback from students so as to improve the resource's functioning moving forward.
Partners	AVP University Affairs BHSS Academic Coordinator BHSc Office

<b>Overarching Vision 2</b>	<b><i>Improving the BHSc Lounge</i></b>
Description	The Faculty of Health Sciences Student Home Base, or "lounge", is a central multi-purpose space for students to take breaks between classes on campus, have meetings, and host small events. It is currently equipped with desktop computers, a television, couches, tables and basic appliances to make student life more convenient. In the long run, we hope to maximize the use of this space to make it as accessible and functional as possible.
Benefits	With more improvements to the lounge, students will feel more inclined to use the space and it will serve as a welcoming area for all students who have access to it. Currently, the lounge is used primarily by students in the BHSc program, although other programs within the Faculty of Health Sciences, such as Nursing and BDC, have access to it. By renovating the area, we ultimately hope to see more students to foster a more cohesive Health Sciences community.
Year 1	Collaborate with SRA Nursing to create and administer a survey (via Google Forms) to students in the Faculty of Health Sciences to gauge their interest and suggestions in making changes and improvements to the lounge. The results of said survey will serve to guide our action plan in the following years.
Year 2	Meet with the Dean of Health Sciences to discuss funding options for renovation suggestions.
Year 3	Implement renovations during the summer, and heavily advertise the renovated space on social media to encourage students to use the space more frequently in the following years.

Partners	SRA Nursing Dean of BHSc Program BHSS
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## GOALS to strive for

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### List 5 things that you would like to have prepared for the beginning of September

- Meet with the HSL director to discuss the redistribution of hours pilot project
- Set up an initial meeting with the BHSc Office to begin advocating for the inclusion of a short statement and list of mental health/peer support resources at the end of all course outlines
- Update photos and information on relevant SRA Health Sciences social media platforms, in addition to creating an SRA Health Sciences Instagram account
- Update the BHSc Welcome Week Guidebook by updating the MSU services section and adding a section on MSU student governance
- Meet with BHSc Office regarding running “Intro to the MSU” talks in all HTHSCI 1E06 classrooms

### List 5 things you would like to have completed during the fall term (1<sup>st</sup>)

- Run “Intro to the MSU” talks in HTHSCI 1E06 classrooms, in addition to an MSU Services panel Q&A for interested students
- Meet with SRA Nursing to begin discussing the logistics of planning the MSU peer support & mental health event
- Distribute SRA Health Sciences Feedback Form on Facebook
- Meet with BHSc Office to discuss the feasibility of creating a centralized Research & Community Engagement Database
- Distribute the feedback survey on the piloting of extended Saturday hours in HSL

### List 5 things you would like to have completed during the winter term (2<sup>nd</sup>)

- Work with the DRO and Elections Committee to run a short workshop on “How to run in an election” for students in our faculty
- Run the MSU peer support & mental health event in collaboration with SRA Nursing
- Send out survey on BHSc lounge renovations
- Meet with SHEC to begin planning and creating relevant graphics surrounding mental health resources
- Continue posting meeting minutes infographics on Facebook

## Master Summary

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May	<ul style="list-style-type: none"> <li>● Create a Google Form survey to give Health Sciences students the opportunity to ask VP candidates questions</li> <li>● Update the Facebook page with relevant updates regarding SRA meetings and VP candidate platforms</li> <li>● Promote MSU seats on SRA committees</li> </ul>
June	<ul style="list-style-type: none"> <li>● .Consult relevant stakeholders about the feasibility of Year Plan ideas</li> <li>● Reach out to BHSc Welcome Week Coordinators to begin redesigning parts of the BHSc Welcome Week Guidebook</li> </ul>
July	<ul style="list-style-type: none"> <li>● Meet with HSL Director to discuss details regarding the redistribution of hours</li> <li>● Finish updating the BHSc WW Guidebook</li> </ul>
August	<ul style="list-style-type: none"> <li>● Meet with BHSc Office regarding:             <ul style="list-style-type: none"> <li>○ Advocating for the inclusion of a short statement and list of mental health/peer support resources at the end of all course outlines</li> <li>○ Running “Intro to the MSU” talks in all HTHSCI 1E06 classrooms</li> </ul> </li> <li>● Give a short introduction to the incoming BHSc Class of 2023 during Welcome Week</li> <li>● Begin communicating with AVP Services and PTMs to begin planning the logistics of running an MSU Services panel Q&amp;A</li> </ul>
September	<ul style="list-style-type: none"> <li>● Create an Instagram account and heavily promote it (possibly do a giveaway to incentivize students to follow)</li> <li>● Run 5-minute “Intro to the MSU” talks in all HTHSCI 1E06 classrooms</li> <li>● Meet with HTHSCI 2G03/2GG3 professors to discuss the possibility of podcasting lectures for the winter term or 2020-2021 year</li> <li>● Publish biweekly meeting minutes on Facebook</li> </ul>

October	<ul style="list-style-type: none"> <li>● Run an MSU Services panel Q&amp;A for interested students</li> <li>● Meet with BHSc Office regarding lounge renovations</li> <li>● Launch SRA Health Sciences Feedback Form</li> <li>● Compile a list of all overlapping courses for programs in the faculty; begin communicating with relevant program societies (i.e. BHSS, iBiomed Society) to begin planning out joint final exam review sessions for courses</li> <li>● Meet with SHEC to begin planning the creation of relevant graphics surrounding mental health resources</li> </ul>
November	<ul style="list-style-type: none"> <li>● Continue publishing biweekly meeting minutes and remain active on all social media platforms</li> <li>● Meet with BHSc Office to discuss the feasibility of creating a centralized Research &amp; Community Engagement Database</li> <li>● Meet with SRA Nursing to begin discussing the logistics of planning the MSU peer support &amp; mental health event</li> <li>● Open and distribute the feedback survey on the piloting of extended Saturday hours in HSL <ul style="list-style-type: none"> <li>○ Collaborate with other SRA caucuses to circulate the survey to all members of the McMaster community</li> </ul> </li> </ul>
December	<ul style="list-style-type: none"> <li>● Collaborate with program societies to host joint final review sessions for overlapping courses</li> </ul>
January	<ul style="list-style-type: none"> <li>● Promote MSU Presidential Election</li> <li>● Send out survey on BHSc lounge renovations</li> <li>● Meet with DRO to discuss logistics of “How to run in an election” workshop</li> <li>● Follow up with SHEC and relevant stakeholders regarding mental health resource creation (video, graphics)</li> <li>● Deliver the results of the HSL feedback survey to the HSL Director</li> </ul>
February	<ul style="list-style-type: none"> <li>● Run a short workshop on “How to run in an election” for students in our faculty</li> <li>● Run the MSU peer support &amp; mental health event in collaboration with SRA Nursing</li> </ul>

	<ul style="list-style-type: none"> <li>● Follow up with BHSc Office regarding results of the BHSc lounge renovations survey</li> <li>● Begin communicating with relevant program societies to begin planning out the second round of joint final exam review sessions for courses</li> </ul>
March	<ul style="list-style-type: none"> <li>● Promote SRA Generals</li> <li>● Promote MSU seats on committees</li> </ul>
April	<ul style="list-style-type: none"> <li>● Begin transitioning newly elected SRA representatives</li> <li>● Collaborate with program societies to host second round of joint final exam review sessions for courses</li> </ul>