



# REPORT

*From the office of the...*

## Peer Support Line Director

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TO: Members of the Executive Board  
FROM: Lucia Lee  
SUBJECT: PSL Report 5  
DATE: Jan 26<sup>th</sup> 2018

### UPDATE

Hi everyone! Hope you are all settling well into the new year and new semester! PSL has few exciting updates since our last report (which wasn't too long ago). Our service is up and running again and we have exciting series of events planned to better support our students and thus promote our service!

### SERVICE USAGE

As of January, we so far had:

10 calls

26 chats

### PAST EVENTS, PROJECTS & ACTIVITIES

- Since our last report we had our January re-training session which was a great success! Given the increased amount of chats this year (relative to previous years, and relative to our number of calls), we had series of practice scenarios pertaining to mock chats which were well received!
- PSL feedback survey is out! Please help us promote it! As well, if you've ever used our service, we would love to hear your feedback!

### UPCOMING EVENTS, PROJECTS & ACTIVITIES

- Supporting Allies workshop in collaboration with COPE: As part of COPE's elephant in the room campaign, we'll be presenting (along with other services like SHEC) to our students regarding how we support others while supporting ourselves, and will engage in discussion surrounding how we draw boundaries when supporting others
- Bell Let's Talk: We have a MUSC table booked on Jan 31<sup>st</sup>. Additionally, we'll be collaborating with Maroons on their video series, to ask students regarding their thoughts/understanding of mental health (and to increase its awareness on campus)! We're so excited!
- We're providing alternative retraining date for volunteers who couldn't attend the initial one!

- We are hosting a self-care/destressor event in Mid-February. The goal of the event is to provide support to students who'll stay on and around campus during reading week. The secondary goal of the event is to equip students with appropriate resources (via updated and newly designed wave cards) as PSL will be closed during reading week
- We are continuously seeking new, innovative methods to promote our line! We are excited to share that we'll be putting up lawn signs across campus to promote our line!
- I'll also be hosting a exec-bonding event, especially as we welcome our new and additional promotions coordinator, Brandon! We are beyond delighted to have him on the team and we plan to celebrate the new addition via team dinner at a restaurant!

## BUDGET

ACCOUNT CODE	ITEM	BUDGET / COST
5003-0316	PEER - OFFICE SUPPLIES	\$150.00
	extension cords	\$16.49
	phone extension cords	\$40.64
	20 evening parking passes	\$160.00
	TOTAL SPENT IN LINE	\$217.13
	REMAINING IN LINE	-\$67.13
6102-0316	PEER - ANNUAL CAMPAIGNS	1,000.00
	Union Market Coffee Sleeves	\$113.00
	SSS	\$90.00
	chat and chill snacks	\$33.96
	Giveaway items (baskets etc.)	\$38.98
	TOTAL SPENT IN LINE	\$275.94
	REMAINING IN LINE	\$724.06
6494-0316	PEER - VOLUNTEER RECOGNITION	\$1,000.00
	Cards	\$29.36
	Snacks at volunteer social	\$125.53
	TOTAL SPENT IN LINE	\$154.89
	REMAINING IN LINE	\$845.11
6501-0316	PEER - ADV. & PROMO	\$2,000.00
	Club Fest Table - 124712	\$20.00
	Underground standing order 124711: Pen -343.33 , Stickers -250-308 , Rave Cards-83.50 , Buttons -3.50	\$500.00
	more underground	\$528.00
	TOTAL SPENT IN LINE	\$1,048.00
	REMAINING IN LINE	\$952.00
	PEER - VOLUNTEER TRAINING	\$5,000.00
6804-0316	training woo hooo	\$4,773.05
	re-training food	\$38.74
	retraining uber	\$9.11

	TOTAL SPENT IN LINE	\$4,820.90
	REMAINING IN LINE	\$179.10
	PEER - TRAVEL & CONFERENCE	\$150.00
6901-0316	taxi - may	\$66.47
	taxi- november	\$7.67
	taxi-Jan	\$38.78
	TOTAL SPENT IN LINE	\$112.92
	REMAINING IN LINE	\$37.08

TOTALS	
<b>TOTAL BUDGETED DISCRETIONARY SPENDING</b>	\$9,300.00
<b>TOTAL ACTUAL DISCRETIONARY SPENDING</b>	\$6,629.78
<b>REMAINING DISCRETIONARY SPENDING</b>	\$2,670.22

## VOLUNTEERS

Volunteers are kind, caring, and excellent as usual. Their dedication to the service literally makes my day! To thank them for their incredible time, we plan on hosting more volunteer appreciation events this term! This includes our big volunteer social in Feb & April, but also our thank-you packages (with small psl items to treasure their memory with the line) and February one-on-one debriefs!

## CURRENT CHALLENGES

So far, this new year has been off to a wonderful start! We're adjusting to the revised on-call protocol. We are hoping that the additional hand with the on-call shifts will decrease the burden that is put on the rest of the exec team. We'll need more time to evaluate if this is really the case.

## SUCCESES

Lawn signs!!!! Maroon Collab!!!! Exec team: Brandon, Valerie, Victoria and Pranali are all so amazing and just so fantastic!!!! Rest of PSL team!!!!!!