Dear Assembly,

We’re in the home stretch of the semester! Make sure to practice some self-care during the exam and holiday season. 😊

PROGRESS ON YEAR PLAN

Goal #1: Improve collaboration with McMaster University Nursing Students’ Society (MUNSS)
- Continuing to attend MUNSS Meetings
- Included us in meetings with Associate Dean and Director of each site

Goal #2: Improve nursing student engagement
- Regularly posting on SRA Nursing Facebook page and sharing opportunities to get involved in specific nursing groups for each level
- Nurses of McMaster is improving engagement within the nursing community

Goal #3: Collaborate with Student Success Centre (SSC) to develop nursing specific career services and opportunities
- Set for January 9th, 2017
- Faculty involved, rooms booked, advertising and registration material being developed – will be in touch with SSC for a meeting before exams

Goal #4: Expand student access to the Faculty of Health Science Lounge in the Health Sciences Centre (HSC)
- According to Security Services all nursing students (with a yellow border badge) now have access to the Health Science Lounge (yay!)
- Work on making a video or cover photo for next term to advertise the new space

Goal #5: Hold a joint MSU Presidential Elections Forum with the Health Sciences Caucus
- Meeting with Health Sciences Caucus to be scheduled for during or after exam season

Goal #6: Improve awareness about mental health through a joint campaign with the Health Sciences Caucus
• Approx. 30 students
• Combination of Health Science and Nursing students, allowed nursing students to check out the new space
• Social media campaign focused on self-care with delivery of cookies and coffee

Goal #7: Create a “Nurses of McMaster” initiative
• Received enough submissions to have 1 posted weekly for the rest of the term
• There’s a new post every Tuesday on SRA Nursing’s Facebook page
• Working on outreach to the rest of the student body (e.g., students from other faculties)

PAST EVENTS, PROJECTS & ACTIVITIES
• Mental Health/Self Care Campaign during MacTalks Campaign

UPCOMING EVENTS, PROJECTS & ACTIVITIES
• Nurses of McMaster every Tuesday via SRA Nursing’s Facebook page
• Continue to plan Career Panel with SSC for early January 9th, 2017 (you should come!)
• MSU Presidential Elections Forum for January 2017
• Class talks in January 2017

CURRENT CHALLENGES
• Informing students about access to the Health Science Lounge
• Nursing students aren’t coming to our outreach hours 😞
• Improving outreach of Nurses of McMaster to other faculties
• Incorporating all sites, streams, and levels into Nurses of McMaster

SUCCESSES
• Nursing students now have access to the Health Science Lounge
• Nurses of McMaster is now weekly (as opposed to the proposed bimonthly)
• Collaborating and communicating with MUNSS
• Mental Health/Self Care Campaign with SRA Health Science
• Met a lot of faculty within the School of Nursing and informed them of our roles

Kind Regards,

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